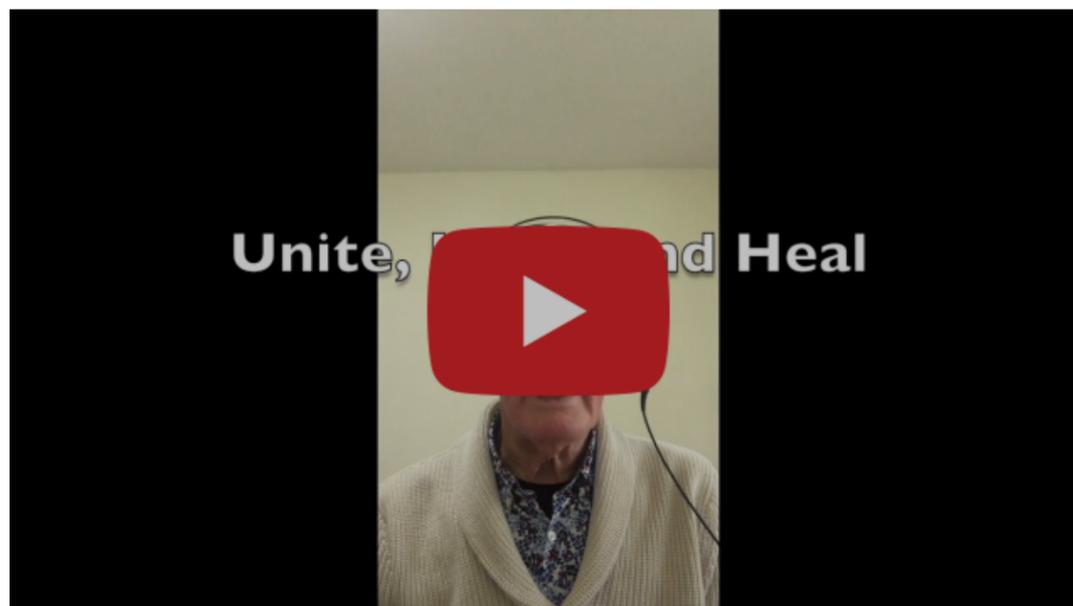




In our March e-newsletter read our latest news and updates, including a musical treat from supporter Mike Redway and a link to sign up to our joint fundraising enterprise the 'London Bridges Walk' with The Griffin Institute. We offer renewed thanks to everyone who has, and continues to support our charity through this difficult time. If you have any fundraising ideas, or want to share your St Mark's story with us, please get in [contact!](#)

### *"Unite and Heal, let kindness show the way"*



Set aside 2 minutes today to listen to Mike Redway's original song 'Unite & Heal', inspired by the words of President Biden. Available on YouTube, Amazon Music and Spotify. With 50% of any royalties being donated to St Mark's, head over to your chosen streaming platform and listen now! Thank you to Mike and his wife Marjorie for their long-standing support in memory of their beloved daughter Caroline, who was under the care of St Mark's Hospital 💙



On Friday 26th Feb, St Mark's patient and DJ Saj hosted a unique fundraiser for St Mark's Hospital Foundation by live-streaming a DJ set via Instagram. It truly was a great evening of entertainment with Saj mixing and playing a selection of top party tunes. We want to send a massive thank you to Saj and everyone who donated to his initiative, with the event raising over £400! If you would like to undertake a fundraiser via Instagram or Facebook, get in contact with the team for some ideas and any help you may need with the event!



### *"We must keep pushing for change!"*

**Professor Sue Clark**

We celebrated International Women's Day on the 8th March, and were overwhelmed with the response we had both from staff and our supporters to posts shared on our socials! You can see all the posts from our empowering women at St Mark's by heading over to our [Facebook](#), [Instagram](#) and [Twitter](#) accounts 💙

Congratulations to the St Mark's Lynch Syndrome and Complex Cancer Clinic



which has been awarded a certificate of high commendation by the British Society of Gastroenterology. Thanks to everyone involved including Dr Kevin Monahan, Lead Nurse Vicky Cuthill, Dr Andrew Latchford, Nurse Practitioner Meena Hawkins and Professor Sue Clark 🥰



Congratulations to our colleagues in Bowel Cancer Screening who have received 3 Certificates of Recognition for Health Promotion work to improve screening uptake awarded by the British Society of Gastroenterology! 🥰 This is a fantastic achievement and in our next email we will be sharing more info on our amazing team in Bowel Cancer Screening, for Bowel Cancer Awareness Month 🙌



This payday treat yourself to the latest addition to the **emPOWERed** collection. Wear your wristband with pride and share your message with friends and family. Every purchase helps fund vital research to fight bowel disease, so head over to [empoweredclothing.co.uk](https://empoweredclothing.co.uk) to place your order 🥰

## London Bridges Walk 2021!



New Date!! Join us on **Sunday 27th June** for a fun, family and dog-friendly walk, traversing 10 of London's iconic landmark bridges between Vauxhall and Tower Bridge. With more of us having become avid walkers during lockdown, we hope that this event will be of interest to everyone who has found delight in the simple and serene act of walking! 👣 👣 Sign up to take part in this event by [clicking here!](#)

During these uncertain times, we offer renewed thanks to everyone who has, and continues to support St Mark's 💙

[Donate Here To Support St Mark's Hospital Foundation](#)





*Copyright © 2021 St. Mark's Hospital Foundation, All rights reserved.*

**Want to change how you receive these emails?**  
You can update your preferences or unsubscribe from this list.